### The Bloomfield Gazette. Omce. - - - At the Post Office.

SATURDAY, NOVEMBER 30, 1872.

### ATHLETIC EXERCISE.

some of the daily papers also, have, of they possess "sound bodies." drag out a miserable existence during the school, exercise until there found to have benefitted every citizen in the town, if viewed from a standpoint in draw from life a tithe of the enjoyment to which, by nature, they are entitled.

All sedentary occupations are injurious what will injury from. It improved mean a programme white a we begin in the block-deposits of the large part of a manufact a programme white was program by the property of the block-deposits of the large part of the start of the block-deposits of the large part of the start of the block-deposits of the large part of the start of the earth of studies of childhood of those quest in the forms article reach us slowly, altogether confined to the iderally clucat. Our irrends should understand that it is seed; and of these only a few known withing important for me to have a should understand that it is needed with the matter it, that used are satisfied to be upheld or not. The most lambered with the matter is, that used are satisfied to remain ignorant. Teachers are that with the property of the respectively pledged the confidence of the pupils.

Our public lecturers, who are supposed to amount they will be respectively pledged know the popular taste, treat us to every for: know the popular taste, treat us to every for :conceivable thing -historical and biogra- \$100 for a quarter column all the year. phical, literary and scientific, instructive \$50 for an eighth . " . " and entertaining; even lost arts and dead languages are discussed before admiring or other equivalent in space and time. growds. But not a corporal's guard will Payment to be made in monthly instalattend a course of lectures on the structure ments. of man's body and the laws of health. It None of these pledges to be binding un-

persous will acknowledge, are requisite; advertisements and subscribers. require a constant supply of pure air; part. otherwise their blood becomes filled with later produce disease or death. Exercise taking to give an account of the various "Important Notice." ways in which it affects the system, it is enough to say that anyone's experience must have taught him-if he has been willing to think of the subject-how intiin point :

day to cite his experience of walking. He days he felt weary when he reached his of this subject : fice, and unfitted for entering on business with his usual activity. He was tired when he got home, and had little appetite. But after a few days he began to enjoy the walk ; found that his business activity was increased, and his appetite for dinner was as good as ever, and a more healthy one. He had, too, not known a twinge of dyspepsia for a week. A friend, who had been his companion in his every-day walk, had a similar experience. They have both wisely determined to eschew horse-cars in fature, except on wet days."

While gymnasiums are grand things for tage, that while it is taken where the supply of fresh air is constant, and its friction as she does now) twenty-one years at one is felt all over the body, there is little risk house ! and that the house of a literary of over exertion. This is of importance, particularly to persons of middle life.

But we must go farther back and begin aged to play. "Strange notion," some let the "Servants' Prize Company" be ormay think; "they play enough already." ganized and the premiums offered!

Watch them and me if they do, Many PERAMBULATIONS ABOUT BLOOMhave so little vitality that they must ride to and from school on the horse car; or, if not, in their father's carriage. Keep them as much as possible in the open air; let afternoon. Starting at Ridgwood Avenue, them know that they caput be healthy all fine specimens of their race without re- Bloomfield Avenue, velept "The Turn-Our fiterary and scientific journals, and growth will be slow and defective, unless

late, been discussing the subject of Athle- The girls need this advicesmore than the tic sports. The New York Times, particu- boys, for their manner of life, and the ex feet increased width of the road the of larly, has published several strong arti amples continually set before them, tend necessity curtailed the yards of some, and cles; urging young men to turn their at- strongly to a sedentary life. Mothers, in- in a few instances intruded upon the front tion to athletic exercise in the open air. stead of dressing their girls with a view to stoops. In some cases the houses them-This effort has already resulted, in New comfort, health and beauty, inquire what selves had to retreat several feet. The York, in the formation of clubs for playing the fashion is; and in obedience to its change of grade has left some residences foot-ball and other games requiring vigor- iron demands, bring suffering, disease and below the level of the avenue, but still ous exertion. Our young men are begin. deformity upon the offspring God has more, quite too high above it. We heard ning to realize the fact that, though many given them to train for usefulness, happi- some fault-fluding with the swards, and fine specimens of manhood are frequently ness and immortality. It is useless to real intimations that a suit will be instituted seen in the country, yet as a race we are inferior to the English and Germans. In our cities and their environs, there is a constantly increasing class of men, who is the men can all get right, someeither drop off suddenly under the strain thing may be done with the other sex in ment a splendid one; and it is not in the and confinement of business, or break the course of a few generations. In the nature of things that it should be effected down while still in the prime of life, and meantime let the pulpit the press, and the without " treading upon somebody's drag out a miserable existence during the school, exert their influence strongly in corns." We confidently believe it will be

# GAZETTE. C

\$25 for a card of one inch

is a consect thanksgiving that the Press less a sufficient number he obtained to the enterprise of Watsessing. has entered the field with so much zeal. cover the actual cost of the paper, and thus Any one who has ever thought at all, assure the continuance of the Gazerre must have learned that certain things are Remuneration, for labor, and brain-work essential to health. Food and sleep, most would be looked for from other additional

and yet without much thought as to the Now, may we not ask immediate consider with Montgomery street. The village of kind and quantity. As regards air, there eration of this subject by every friend of Montgomery (if it may be dignified by the is more ignorance or sin, or both, than the journal in Montclair and Bloomfield. title) belongs exclusively to Belleville of its plains and morasses to the East, and about any other matter pertaining to If the citizens of Montclair will take hold Township, and has nothing whatever to do of the Alps in the West, that mighty conshealth. One of the plainest facts connect. of this in earnest, we shall succeed, for we with Bloomfield proper or Bloomfield denser and source of all its largest rivers.

poisonous matter, which will sooner or gentlemen from Montelair meet with us on lage of Montgom-ry. . the 9th December, in conference, accordis needful in every respect. Without under- ing to a notice in another column headed, a somewhat prevalent mistake may be cor-

and health. The Times thus cites a case of poor children during the school vaca- the name itself. tion in summer. It was admirable.

A gentleman called at our office the other A recent tourist in Germany communi- ments along the line of Montgomery street. said that he lived in Thirtieth street, and He visited an Agricultural Fair, and was avenue. Now, Messrs. Editors, while its that he had been compelled, in conse-quence of the horse disease, to walk to and present at the commencement of pre-extension is desirable, and will one day from his office every day. The first two miams. We quote only that relating to become even necessary, yet just at this time

of forty-seven servants, each of whom had lived over five years in the exploy of one they follow fifteen years, thirteen, eleven, ten, and so down. Can any county in the with the shildren. They must be encour. United States show such a record? Now

# PIELD. -No. 1.

Was sallied out for a walk the other we followed our new grand Boulevard, gular athletic exercise ; that their mental pike," and found the residents on that beautiful avenue pretty generally adjusting their homes and their places of business to the new order of things. The twent the year 1875.

THE BLOOMSIELD AND MONTCLAIR We halted a little at the meadow which has now taken the place of what was for-merly Watsessing Lake or Party de disdirectly, because they cramp the body, and confine it in an unmatural property and indirectly; from the lack of, the nir and exercise. How to counterfeet these findencies, and preserve hellth, is a statur for grave consideration. It is in a preserve hellth is a statur for grave consideration. It is not needs and where with feer bodies, what will injure them. A large part of a main conjugation in this big, depends on the recall of eartful estimates, and are considered in the recall of eartful estimates, and are conjugated to the main the property that is a submitted at programme which we honored the submitted are conjugated to the property that is a submitted at programme which we honored the property that is not necessary and country, and the recall of eartful estimates, and are conjugated to the property that is not necessary and the recall of eartful estimates, and are conjugated to the stimulate in the minds of the young in inclination to real, for if these and their struggles after emancipation. The remainder of the lecture of the first property and their property and their struggles after emancipation. It is present aspect of think they are of no the property will be read, and with the second control of the tenture of the lecture of the remainder of the lecture of the stand that the property of the struggles of the stand that the second control of the remainder of the lecture of

struck a sidewalk again, recently laid through the entire length of this street, and beyond the railroad, nearly or quite to the Orange Line

Many new houses are completed, or under way at this stirring! South End " of our village. The foundry and hat factories are well known, and speak creditably for

## MONTGOMERY STREET.

Messas. Editors: In your last issue I notice a paragraph coupling Montgomery ed with warm-blooded animals, is that they know we may rely on Bloomfield to do her Township, least of all with "Montgomery street." The street named, alone, con-We shall be glad to have a committee of tains more buildings than the entire vil-

This explanation is offered in order that rected-viz., that Montgomery street and Montgomery village are one and the same. THE SERVANT QUESTION. -Germany is or at least that they are connected in some shead of us in some things. In our last way with each other, when, in reality, number we had an interesting account of there is parity neither of location nor inmately connected it is with his comfort their method in Copenhagen of disposing terest, the idea of association ceasing with

A suggestion is made regarding improve cates to us a hint on the servant question. and its extension through to Bloomfield what we need most is not its extension in Then comes the queerest part of all, length so much as a considerable addition and I respectfully call the attention of political economists, especially female, in the United States, to this proceeding, as furnishing a means of solving the vexations question, "How shall we keep 'our girl,' widened is sixty feet throughout its entire five weeks?" With words of commends length, reaching from Franklin street to the tion, the proper officer mentions the names Belleville line (leaving the question of extension for future consideration), it would twenty-seven he showered praises and hon- along its borders, the traveling public

tempt toward the execution of this project. behind its b. utshity and ignorance. So I THE CITIZEN'S PROTECTIVE ASSOCIAL diversity the experiences of those during a

MONTCLAIR.

The Lecture Season Commenced. EV. J. B. HARRISON'S RISTORICAL COURSE

THE Y. M. C. A. of Montelair have ourses of Lectures now in operation One course on History by Mr. J. B. Harrison; ed class. Pericles himself wrote that the the other by some of the most eminent

Mr. Harrison gave the opening lecture of his series on Friday events, the 15th inst. Mr. Harrison remarked:

It is my wish to make these Lectures of she relted through the streets.

lin.' Then a sketch was given of the dif- place of residence. faction.

Mr. Harrison's second lecture on the Yale Glee Club. appreciative andience.

Mr. Harrison, in the first place, gave a description of the Physical Geography of chance to find a deficit in the end. Europe before the advent of civilized man; Describing the country as covered with dense forests, inundated with rain and inhabited only by a few wandering tribes of Cave Dwellers, men who were but one reby the split bones and arrow-heads still fastened in the remains of the then living animals; and now ages after, the boues of enormous beasts are found buried with is thought by many that this is a somewhat those of their hunters whose physiognomy lengthy and awkward title in this progressials, first entering the cellar, but, finding less than in Nos. 2 and 4. ment of the lower jaw. Then he went on to speak of the caves themselves and the of the inclination that existed to advance be heard of through the GAZETTE. material science at the expense of the science of History.

ing of November 22, the Presbyterian Since the late election a petition to the many interests involved! The vessel weighed supply the supply treesury at once. church, where it was held, being well filled. Town Committee has been circulated, ank. anchor probably one, two or three years be-The first third of his lecture, if it may be ing that a new Poll District be set off for fore, and set sail with a crew variously made so divided, was much the ablest part, the this part of the town, to embrace that sec- up for the exciting and perilous adventure of master, to twenty of whom he gave prizes in the gave prizes be an improvement equally unportant and remaining two-thirds he evidently did not tion lying north of Benson street. This a long whating voyage in distant sees. The Beligious Press, Tun New York Commerces, and on the heads of the other advantageous, both to owners of property exert the same amount of brain upon. He would include the Morristonians and Stone opened with particular mention of the im- House Plains beyond, and be a very equit expedition were full of anxiety and solicitude; was valiantly at work long before many of While gymnasiums are grand things for ors in unlimited measure. As a curiosity, exercise, particularly in winter; and while, I submit a few of the facts. One man has generally, and the town of Bloomfield in portant part, the imagination took in com-

and so on, Now catches my eye that which gives hope for America. Josephine Peter-ler (she'll never come so near to fame again as she does now) twenty-one years at one hobse I and that the horse of a literary man—a professor! Barbara Walker six—and professor! Barbara Walker six—also policy in immediate action; a few them years in a guest-house! What an also policy in immediate action; a few water," being answered: "I have none, Bloomfield, Nov. 23, 1672.

A hero when mortally wounded when he ing new ones, and, withal, "reconstruction ones, and, withal, "reconstruction ing" and straightening one or two old ones, and will, it is hoped, in a short time brief and infrequent tidings, or perhaps none, the cannon, called to his courage the cannon, called to his courage.

Who can portray the exciting smortons, the harrowing thoughts, the fervent desires, the Town of the desires, the faith, and faithed the cannon of the streets would pass are gunner at Gettysburg who, dying under ones, and will, it is hoped, in a short time brief and infrequent tidings, or perhaps none, the past, and giving encouraging the cannon, called to his courage.

Who can portray the exciting smortons, the harrowing thoughts, the fervent desires, the faith, and faithed the cannon of the canno amount of hard work she has done! Then years' delay may occasion endless trouble; and if I leave the gun it will be taken :" seriously interfere with a successful at. best of the old times we have now, leaving country.

see how the British Parliament was bought up like quarters of beef. Then, coming the State prison, serving out terms of from more closely to his subject, said : If the cultivated girl of the present had been of the age of Pericles, she would have been two branded with shame; for in the golden age of Athens such ladies were an outlawgreatest good to be said of woman was that she was known neither for good or evil. This same spirit existed when, three hun-dred years ago, in Dijon, France, a school taught by a woman was broken up, and

a familiar and conversational tone, one Then he spoke of Chesterfield's opinion hundred collars, after paying all expenses in-calculated to enlist our sympathies and in of woman, as expressing the position they careed for reaards for arrests, services of the terest, rather than of a polished character held in his time. It is the foolish imagin They will be both conversational and dis ation that sighs after the "Good Old all other medicatal expenses. cursive, not discussing ecclesiastical polity. Past." The greatest glory of these times

V. of Constantinople and his jester, the city; all our citizens desire them, and the "Stammerer." After which he spoke any movement calculated to meet this which our forefathers did not have, being good; they increase the value of property.

forent great families the world was divided Happily, the Eucleran Society-who other to such a degree as to lead to the use of ber, fully sustains its high reputation as a into by language Flu Arian, Semitic and have in former years helped to keep blud cons, one of which was wielded by Mrs. literary and artistic journal, of the first Turanian; all having many words that away the "blues" from Bloomfield by an- Parsons so lustily as to scatter her adversaries, rank, and is a welcome addition to our show there was one and the same source. nual series of lectures and readings have but not until their heads had come in course; table. He closed with the advice, given warmly, again come to the rescue, and announce, with the sphere of repulsion around her weato let the books and papers of to-day take that their usual course will open on Fri- pon, causing the blood to flow freely to the of fresh, spicy, pointed articles on musical care of themselves, for they are indeed day, 29th inst. It is said that this is the ground. We understand that write have been subjects. The editorial, "Women and Muonly ephemeral and will never be spoken most expensive and judging from the en applied for, and that the officer who we sic," is a very readable and suggestive arof again, and to devote, if only twenty gagements announced—it will be the best charged with the service, as well as the Squire ticle. minutes a day, to the weaving of our his- given under these auspices. We are espe- who-accepted of unpertain ball, committed in torical web, which will give lasting satis- cially glad to know that we are to be regularnes which are the occasion of serious pieces of music: "My Own Bright Island favored with a visit from the celebrated complaints.

evening of the 19th was on "Pre-tilstoric Good for the Eucleian! Let all our has been at work on the Watchung R. R., eas song, and "Mountain Sylph Schottische. Times," The room was again crowded people give this course, and all similar tered Thormatlen's Hotel last Pridey night. with the elite of Montclair, forming a most movements, a cordial support, and not through a cellar window; thence, directed by allow those who assume a beavy risk, and give their time in this good cause, a

RIDGEWOOD.

## CONCERNING A NAME.

soon after the erection of the new school Offi or Haff next morning took him a prisoper house upon Baldwin street, it was voted to Newark jail, there to swait his early tr that it should be called the "Broekside ANOTHIR -The other night Mr. Robert move from the animals they lived on. "Brookside" should also be used to de-Morris Neighborhood" is still in vogue. It Anoruma. -On Saturday night Mrs. Swift's was not as "that charlatin" figure has sive age; in a word, it is desired that we they could not get up stairs, they retraced their pictured, but with an enormous develop have a shorter name. Retain the "Morris" steps and broke through the parler window. stance, "Morriston," provided, of course, of value. remains of rude stone work seen at Stone such change be approved by a majority of henge in England and Carnac in France. the people residing in this locality. If there The Lecturer at the close spoke with regret are objections, or a better name, let them

A word as to our boundaries. The old limits were that part of the township immediately north of and in the vicinity of Athel, Mass., were billed by a white. Geo. Wm. Curtis gave the second lec-Mr. Baldwin's store, embracing the home-ture of the Y. M. C. A. course on the even-steads, farms, etc., of the Morris family. newspapers, how seldom do we think of the A. Davis, Jr., seks the delinquents to

with the following officers: - J. F. Sanxay, that had been hoarding up to whelm the representation; C. H. Nash, secretary J. P. Jones, turning loved ones, are changed into walls of treasurer. Executive Committee—D. Oakes, indescribable sorrow. Al.! the heart-reading lobbies of the Legislature shaking a hand- A. T. Morris, R. Peele, J. F. Randolph, C. thought-" Killed by a Whate!" ful of bills, and ering: "that's what Baldwin. The society actively engaged in its makes the laws;" bot let us look back and work, and soon followed the arrest and conviction of burglars, three of whom are now in

> three to ten years. Although but little has been heard of this society, it has been constantly on the alert in protecting the town; and the good order preserved, with the comparative exemption from visits of burglars, are no doubt due to its work and influence.

The organization is purely voluntary, and is composed of nearly all the leading citizens of the town; and all approved citizens may be Sociable." Fears are entertained that it will come members by paying the annual fee of not "bop" more than once.

The treasury has a balance on hand of three hundred collars, after paying all expenses in dialect in his usual graceful manner. detectives, records obsenspicious persons, and Our politicians are all very good natured

The next appual meeting of the association

the objects of the association are requested to But few towns are more liberal in sustaining

restricted to the writings of men like 'Rol- and render our villages more desirable as a sufficient fence, in what was claimed to be an attempt, on the part of one party, to erect Oriental Society. the right position, excited the anger of an-

> his natural instincts, he ascended through trap door into the bar-room above, where a large dog, on whose presence he does not seem to have counted, bade him lalt m tones of unmista able authority. The men, intent on ship on July 1, 1872, was \$2,500,000. The self preservation, crouched behind a basket of percentage of taxes varies in different dis clothes in a corner, and yelled for help. He tricts. timely arrival saved him from being torn to MESSES, EDITORS : At a meeting held pieces by the indignant capine detective, and

if you like, but let it be abridged ; for in- They were soured away before taking engining

town, Mass., arrived at Newport, B. J., fal night, with 140 barrels of oil. The mate, Mr.

that may now be avoided. Houses are replied: "Then stick to the gun, Johnny."

THE United States has now 65,000 miles of loved ones at home? Who (except parchance loved ones at home? Who (except parchance ments being made, which may in time ing his dead body on the field. All the building a mile of railroad is \$44,225 in this Mast.") oun describe the trials, hardships,

valuable space, permit me to say in closing, and as an illustration of the rapid growth of our town, that within the past four years levely seven new buildings have been receted east of Williamson avenue and small of the Montelair Railway. Several are now in process of construction and others are contemplated.

Tion of Ridon field.

The perfect of the experiences of those daring advantage of the return of the vessel is an account of the return of the vessel is

### MONTCLAIR LOCAL

PARLOR Theatricule are being agitated. Bay. J. B. HARRISON has a class of young ladies in History.

Ms. Junio H. Parr's chiest daughter, Miss Gertrude, has returned from Berlin, Ma C. H. BENEDICT will be in his new bouse on Mountain Avenue about Dec. 1st. Tuese is a serious split in the "Hillside

Dr. Haws read "Rab and his friends" before the Y. M. C. A., managing the Scottish

The "conquered" accept the situation with commendable grace. The "victors" are studying the marvels of their victor ..

The Presby erian parsonage is under way. and when completed will be one of the most election of officers for the ensuing year will convenient houses in our vidage. Dr. Berry's prople, appreciate a good pastor.

Ove village prides itself upon its schools institutions of learning. Our teachers are of J. P. S. the first class, and highly appreciated.

> Tur Boston fire has awakened much sym pathy here. A large number of our residents

DISGRICEFUL AFFAIR - In North Bloomfield, year of his age. One of the ablest Greek of the light thrown on History in later days want, merits and should receive a hearty Stonehouse Plains, a trouble has been brew- scholars in this country, he occupied the by the comparative study of language, support. Such efforts are for the public ing for some time about a boundary fence and chair of Greek Language and Literature in an unprotected grave-yand. A few days since, Yale College, and was also President of the

BRAINARD'S MUSICAL WORLD for Novem-

Home," "Too late, too late. Ye cannot en Buggerant.-Chas, Curran, an Irishman who ter now;" Miss Lindsay's famous mere Subscription price \$1.00 a year. Ten cents sent to S. Brainard's Sons

Cleveland, O., secures a specimen copy, TAXES IN BLOOMFIELD, -The assess value of real estate in Bloomfield Town-

In No. 1 it is \$1.20 on \$100. " 2 " 1.52 " " 8 " 1.48 " "

" 4 " 1.61 W School House," and it was expected that Beach, on Ridgwood arepue, was arcused by Township north of Bay Lane; No. 2, all signate the surrounding neighborhood. have had a wholesome effect upon the intrud rs. east of Bloomfield Avenue; No. 8, all cost This name has not proved popular, and, as who went no farther than to open a window, of the Canal; No. 4, all west of Bloomfield avenue. Nos. 1 and 8 raise no money this year for grading sidewalks; the per

> The County and Township tax for 1872 is 849.475.40 ; this was due before Oct. 20 All not paid by that date is subject to an addition of one per cent. a month, and will be added to the tax. As the County demands more than \$24,000 of this, and must be paid from the first money collected, unless the taxpayers are prompt. the township bills must remain unperid The amount still due is \$17,000. Our

## 1894-1878

Such are the years of that veteran of the shared, no doubt, by wives and children whose us were learning to peep; and whose exercise, particularly in winter; and while, too, ball and bosting afford capital athletic exercise; walking fulfils every requisite need, and is within the reach of all conditions and ages. In fact, it has the advantions and ages. In fact, it has the advantions and ages. In fact, it has the advantage of the facts. One man has generally, and the town of Bloomfield in portant part, the singulation took in combined in portant part, the imagination took in combined in particular. What we in this part of our particular. As to the name of our streets and sweethearts whose sons, particular.

As to the name of our streets and sweethearts whose sons, particular. That the Sir Philip Sydners are in service at a particular. What we in this part of our particular. As to the name of our streets and sweethearts whose sons, particular. As to the name of our streets and sweethearts whose sons, particular. As to the name of our streets and sweethearts whose sons, particular. As to the name of our streets and sweethearts whose sons, particular. The condition of interest and sweethearts whose sons, particula paperous denotion to every subscriber of a tions for the future. We are always ready to commend the Occavin to our reads ienth, it is, perhaps, unsurpassed as a family paper. .... of a red to wrote and re

Three dollars sent to the publis privations, disappointments and perils which Sidney E. Morse & Co., 37 Park Bow,